



## 2023-2024 FALL / WINTER

September 5, 2023 - May 5, 2024

**Pre-Season Camp (Junior, Intermediate & Senior)**  
August 28, 29, 30

Gateway Skating Club is committed to an environment that fosters personal growth & development of our members.

Mill Woods Rec Centre  
7207 - 28 Avenue

The Meadows Rec Centre  
2407 - 17 Street

Kinsmen Twin Arenas  
1979 - 111 Street

### GENERAL INFORMATION

The Fall/Winter skating school runs from September 5, 2023 to May 5, 2024.

**LATE FEE: A late fee of \$75 will be charged after August 15, 2023 (end of day)**

Check our Events Calendar frequently for changes/adjustments/events. Follow us on Instagram/Facebook to stay up to date!

Gateway SC will pay for coaches expenses (transportation, meals & accommodation) for selected competitions.

No make-up sessions are offered due to absences.

- ▶ Hourly skaters may make-up a session if cancelled by the club - arranged through base coach.

Private / Semi-Private lessons are charged separately (contact your base coach).

Payment information/options are found on the registration form (online).

There will be no refunds in the event that skating is canceled due to facility failure or club events.

Refund Policy:

- ▶ Account adjustments will be considered for a serious medical circumstances (with a medical certificate).
- ▶ Any other requests (e.g., transfers, retiring, etc) must be requested in writing, which will be subject to a cancellation penalty of one month's ice fee.
- ▶ A \$25 admin fee will apply to all requests
- ▶ **Mandatory Fundraising will apply (details provided separately)**
- ▶ **Mandatory Volunteer Hours will apply per skater (details provided separately)**



## PROFESSIONAL COACHING STAFF

The Gateway Skating Club has a professional team of coaches who work together to ensure that all skaters achieve personal excellence. Visit our website to find more information about our coaches.



**Heather Heide**  
National Certified  
nationalcoach.heather@gmail.com



**Shelley Douglas**  
National Certified  
shelley@edgeahead.ca



**Nathan Chung**  
Provincial Trained  
nathann1600@gmail.com



**Nicole Houle**  
Provincial In-Training  
niconicoleh22@gmail.com



**Amanda Dutton**  
Regional Certified  
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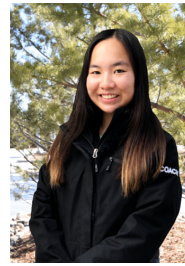
**Christine Lirette**  
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**Alysha Gill**  
Regional Certified  
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**Emily Vreugde**  
Regional Certified  
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**Julia Chua**  
Regional Trained  
julia\_chua\_888@hotmail.com

Please contact coaches directly to inquire about lesson rates and availability.  
If you are new to private lessons, please contact Heather Heide at nationalcoach.heather@gmail.com.

Gateway SC Annual Membership of \$40 will be added to all Member registrations, which includes the Year End Awards Banquet  
 Skate Canada Memberhip fee of \$58.65 will be added, which includes Insurance, Skate Canada membership and Safe Sport fees.  
 This is a one-time fee and will be valid from September 1, 2023 - August 31, 2024.

## PACKAGES & PRICING

CATEGORY	DATES		TOTAL	Monthly
Senior  Star 6-Gold Juvenile-Senior	Monday (Meadows)	September 11, 2023 - April 29, 2024	\$290.00	\$36.25
	Tuesday (Mill Woods)	September 5, 2023 - April 30, 2024	\$310.00	\$38.75
	Wednesday (Kinsmen)	September 6, 2023 - May 1, 2024	\$420.00	\$52.50
	Friday (Meadows)	September 8, 2023 - May 3, 2024	\$290.00	\$36.25
	Saturday (Mill Woods)	September 9, 2023 - May 4, 2024	\$310.00	\$38.75
	<b>Senior - MUST CHOOSE MINIMUM OF 4 DAYS</b>			
Intermediate*  Star 3-5 Juvenile U10	Monday (Meadows)	September 11, 2023 - April 29, 2024	\$300.00	\$37.50
	Tuesday (Mill Woods)	September 5, 2023 - April 30, 2024	\$320.00	\$40.00
	Thursday (Mill Woods)	September 7, 2023 - May 2, 2024	\$300.00	\$37.50
	Friday (Meadows)	September 8, 2023 - May 3, 2024	\$300.00	\$37.50
	Saturday (Mill Woods)	September 9, 2023 - May 4, 2024	\$320.00	\$40.00
	<b>Intermediate - MUST CHOOSE MINIMUM OF 4 DAYS</b>			
Junior*  Star 1-2	Monday (Meadows)	September 11, 2023 - April 29, 2024	\$300.00	\$37.50
	Tuesday (Mill Woods)	September 5, 2023 - April 30, 2024	\$300.00	\$37.50
	Wednesday (Kinsmen)	September 6, 2023 - May 1, 2024	\$400.00	\$50.00
	Friday (Meadows)	September 8, 2023 - May 3, 2024	\$300.00	\$37.50
	<b>Junior - MUST CHOOSE MINIMUM OF 3 DAYS</b>			
Star O12 & Adult  Star 1-4	Thursday (Mill Woods)	September 7, 2023 - May 2, 2024	\$220.00	\$27.50
	Friday (Meadows)	September 8, 2023 - May 3, 2024	\$290.00	\$36.25
	Saturday (Mill Woods)	September 9, 2023 - May 4, 2024	\$290.00	\$36.25
	<b>Over 12 yrs old - NO MINIMUM DAYS REQUIRED</b>			
Open	Thursday (Mill Woods)	September 7, 2023 - May 2, 2024	\$95.00	\$11.88
	<b>Additional DAY ICE session for all categories</b>			

\*Note: Junior & Intermediate packages include 15 min of group coaching on all freeskate sessions.

Packages include Pre-Season Warm-up (Aug 28, 29, 30) & Christmas Camp (Jan 3, 4, 5) for ALL categories.

No skating Sept 4, 29, 30, Oct 9, Nov 11, Dec 23-Jan 2, Feb 19, Mar 22, 29, Apr 1, 4, 5, 6.

- ▷ Packages include all on and off ice group sessions scheduled on each day. \*Junior/Int package - see note about extra coaching.
- ▷ Skaters not registering for a Package may purchase hourly at the discretion of the Director. See prices below.
- ▷ Additional family members receive 15% discount (members only).

## HOURLY

Hourly	per hour	\$20.00
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## NOTES

- ▷ Register by August 15, 2023 (end of day)
- ▷ Register online through your Uplifter account at [www.gatewayskatingclub.org](http://www.gatewayskatingclub.org).
- ▷ Schedules are subject to change. GSC reserves the rights to cancel/adjust sessions without notice.
- ▷ Check the Calendar of Events on the GSC website regularly for no skating days, cancellations, and schedule changes.
- ▷ **Year-End Ice Show on Sunday, May 5.**

## REGISTRATION OPENS

- ▷ JULY 21, 2023





## 2023-2024 FALL / WINTER SCHEDULE

September 5, 2023 - May 5, 2024

Monday Meadows W	Tuesday Mill Woods B		Wednesday Kinsmen
4:15-4:30 - Edge SENIOR	4:00-4:45 - Freeskiate JUNIOR	4:00-4:15 - Edge INTERMEDIATE	4:00-4:15 - Edge SENIOR
4:30-5:15 - Freeskiate SENIOR	4:45-5:00 - Edge JUNIOR	4:15-5:00 - Freeskiate INTERMEDIATE	4:15-5:00 - Freeskiate SENIOR
5:15-5:30 - FLOOD	5:00-5:30 - D / S / C		5:00-5:15 - Spins JUNIOR SENIOR
5:30-5:45 - Edge JUNIOR INTERMEDIATE	5:30-5:45 - FLOOD		5:15-5:30 - Group JUNIOR SENIOR
5:45-6:30 - Freeskiate JUNIOR INTERMEDIATE	5:45-6:15 - D / S / C INTERMEDIATE SENIOR		5:30-5:45 - FLOOD
6:30-7:15 CANSKATE	6:15-7:00 - Freeskiate SENIOR	6:30-7:30	5:45-6:00 - Edge JUNIOR
	7:00-7:15 - Edge SENIOR	GATEWAY ACADEMY	6:00-6:45 - Freeskiate JUNIOR
			6:45-7:30 CANSKATE

OFF ICE

Monday	Tuesday		Wednesday
4:30-5:15 JUNIOR INTERMEDIATE	5:00-5:30 SENIOR	5:10-5:30 INTERMEDIATE	4:15-4:45 JUNIOR
5:30-6:15 SENIOR	5:45-6:15 JUNIOR	5:45-6:15 GATEWAY ACADEMY	5:45-6:30 SENIOR

Thursday Mill Woods B	Friday Meadows E	Saturday Mill Woods B	Sunday Meadows E
3:00-3:45 - Open ALL CATEGORIES	4:00-4:45 - Freeskiate JUNIOR	9:15-9:30 - Edge O12/ADULT	1:30-2:15 GATEWAY ACADEMY
3:45-4:00 - FLOOD	4:45-5:00 - Edge	9:30-10:15 - Freeskiate O12/ADULT	2:15-3:00 STARPREP / ADULT-TEEN CANSKATE
4:00-4:45 - Freeskiate INTERMEDIATE	5:00-5:45 - Freeskiate INTERMEDIATE	10:15-10:45 - D / S / C INTERMEDIATE O12/ADULT	3:00-3:15 - FLOOD
4:45-5:00 - Edge INTERMEDIATE O12/ADULT	5:45-6:00 - FLOOD	10:45-11:30 - Freeskiate INTERMEDIATE	3:15-4:00 CANSKATE A
5:00-5:45 - Freeskiate O12/ADULT	6:00-6:15 - Edge SENIOR	11:30-11:45 - FLOOD	4:00-4:45 CANSKATE B
5:45-6:30 GATEWAY ACADEMY	6:15-7:00 - Freeskiate SENIOR	11:45-12:00 - Group INTERMEDIATE SENIOR	4:45-5:00 - FLOOD
	7:00-7:45 - Freeskiate O12/ADULT	12:00-12:45 - Freeskiate SENIOR	5:00-5:45 CANSKATE C
Mill Woods A	7:45-8:00 - Edge O12/ADULT	12:45-1:15 - D / S / C SENIOR	
5:45-6:45 CANSKATE		1:15-2:00 CANSKATE A	
		2:00-2:15 - FLOOD	
		2:15-3:00 CANSKATE B	
		3:00-3:45 CANSKATE C	

OFF ICE

Thursday	Friday	Saturday	Sunday
4:45-5:30 GATEWAY ACADEMY	5:15-5:45 JUNIOR	11:00-11:30 O12/ADULT	12:30-1:15 GATEWAY ACADEMY
5:15-5:45 INTERMEDIATE	5:00-5:45 SENIOR	9:30-10:00 INTERMEDIATE	
	6:00-6:45 INTERMEDIATE		
	6:15-6:45 O12/ADULT		